



# Welcome to the sixth Chilterns Walking Festival

From Hitchin in Hertfordshire to Goring in Oxfordshire, the festival provides over 70 opportunities to enjoy beech woodlands, nature reserves, family walks and much more, all in the expert care of a knowledgeable guide.



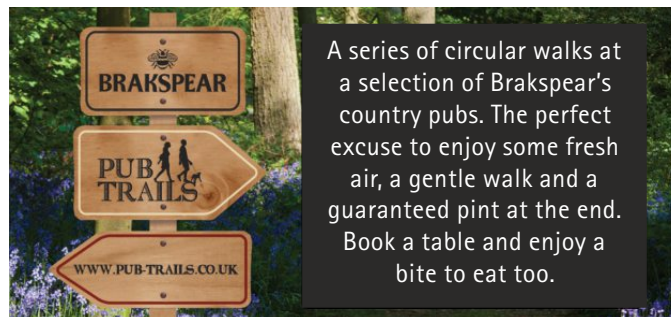
Please book your walks at [www.visitchilterns.co.uk/walkingfest](http://www.visitchilterns.co.uk/walkingfest), where you will also find full details of all events, including information on walk grades, suitability for children & dogs, booking guidance etc.

Where to stay and eat: The Chilterns has a fantastic array of local accommodation and places to eat and drink, so why not make a short break of it, see [www.visitchilterns.co.uk](http://www.visitchilterns.co.uk)

### Symbols used in this programme



Walks that are also part of **The Henley Walking Festival** organised by Henley Walkers are Welcome over the week-end of October 10th - 14th



A series of circular walks at a selection of Brakspear's country pubs. The perfect excuse to enjoy some fresh air, a gentle walk and a guaranteed pint at the end. Book a table and enjoy a bite to eat too.

## Chilterns Walking Festival PROGRAMME 5th - 20th October 2019



**BOOK NOW**

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Chilterns Walking Festival is an initiative of the Chilterns Conservation Board.

## October

Saturday  
5th  
9:30am  
Walk ref:9

### Tracks and Trenches

Look back over 100 years to discover where soldiers trained for World War 1 in Pullingshill Wood, near Marlow. Meet at the Royal Oak for a cuppa & a bacon butty on the house (veggie option available) before departing across Bovingdon Green. Hear about the former soldiers camp, their lifestyle & activities before entering Davenport Wood on the way to Pullingshill Wood. **2 miles** **Free**



Saturday  
5th  
10:00am  
Walk ref:6

### Kids native traveller experience

A native tribe passed through the woods and stashed corn for us to eat. Follow the story they left behind to navigate along their trail and find the corn. Examine the woods closely to find objects to add to your 'journey stick' which will tell the tale of your travels. We'll travel to our base camp & pop our corn over the campfire. **2 miles** **£5 per child (accompanying adults free)**



Saturday  
5th  
10:00am  
Walk ref:40

### A scenic walk in the Oxfordshire Chilterns

A circular walk starting in Nettlebed taking in a varied landscape. Quite a bit of up and down. Via Pishill, Watlington Park, Cookley Green. Bring picnic lunch. **12 miles** **Free**



Saturday  
5th  
1:15pm  
Walk ref:31

### Practical Map Reading The art of not getting lost (most of the time)

Fed up with getting lost?! We will follow a 4.5 mile route, through typical Chiltern terrain, using common navigation techniques & familiarise ourselves with map reading skill, which will avoid you getting lost and help you to properly plan walks in future. We will also introduce some compass techniques, useful for walking in more remote areas. **4.5 miles** **Free**



Saturday  
5th  
2:00pm  
Walk ref:56

### Walk with a Stone Age woman - family friendly event at Marsh Farm

Join archaeologist and prehistoric interpreter Kim Biddulph, dressed as a Stone Age woman, on a leisurely walk around the Marsh Farm area to learn about the Stone Age landscape and how local people have lived & travelled since the last Ice Age. The walk takes in Wauluds Bank, a prehistoric camp, and partly follows the clear waters of the River Lea. Try out some replica Stone Age tools and snacks our ancestors might have eaten. **1 mile** **Free**



Sunday  
6th  
10:00am  
Walk ref:51

### Community Litter Picking Walk - join our Wombles!

A variety of circular walking routes will be tackled in the Chilterns and Foothills close to Risborough. Small teams will be provided with Litter picking tools & bin bags & team leaders will provide instructions & support. Please wear your own gloves and hi viz vests. **2 miles** **Free**



Sunday  
6th  
11:00am  
Walk ref:2

### Steam, Kilns and Kites on the Ridgeway

Ride a heritage steam railway from Princes Risborough to Chinnor, enjoy a 2 hour circular walk, exploring Chinnor's industrial and natural heritage via the Ridgeway national trail. Return on the railway to Princes Risborough (connections available to Chiltern Line stations e.g. London Marylebone, High Wycombe, Beaconsfield, Aylesbury). **7 miles** **Walk is free - see details for rail ticket**



Sunday  
6th  
3:00pm  
Walk ref:27

### To pole or not to pole?

Free Nordic walking taster. A short 40min session to help you decide if you want to do the technique course to help you 'harness' the power of the poles & start really benefitting. **Free**



Monday  
7th  
10:15am  
Walk ref:21

### Little Chalfont Simply Walk North

Beginning at the library in Little Chalfont, a circular walk through Snell's wood. **1.5 or 3 miles**

**No charge but Donations accepted for The Simply Walk service**





**Tuesday 8th**  
9:30am  
Walk ref:8  
**Nordic Walking - 3 session technique course**  
Three sessions of Nordic walking aimed at improving your technique. 8th,10th and 15th October. Open to all. Each session will be 1.5hrs.  
**1 - 2 miles £45 including use of poles**

**Tuesday 8th**  
10:30am  
Walk ref:12  
**Looking at LiDAR on the ground: Greenfield Copse**  
Beacons of the Past has produced the largest high-res LiDAR survey in the UK., which will reveal archaeology hidden beneath the woodland canopy.  
**3.5 miles Free**

**Wednesday 9th**  
10:30am  
Walk ref:1  
**A short walk on Naphill Common**  
A circular walk around one of the largest wooded commons in the Chilterns.  
**2 - 3 miles Free**

**Wednesday 9th**  
10:00am  
Walk ref:41  
**A loop around Checkendon**  
A pretty rural walk in the southern Chilterns with gentle undulations and attractive woodlands. We pass through Well Place, English Farm, Highmoor and Wyfold Court. Please bring a picnic lunch. **2 - 3 miles Free**

**Wednesday 9th**  
2:00pm  
Walk ref:62  
**J H Kennard and Amersham-on-the-Hill Walk**  
Discover one of the most important architects in Amersham's 20th century development, J H Kennard. Join this walk around Amersham-on-the-Hill and find out about the many projects undertaken by this arts & crafts architect.  
**2 miles £3 for adults paid on the day, U16's free**

**Thursday 10th**  
10:15pm  
Walk ref:16  
**Chill Out in the Chilterns (World Mental Health Day)**  
In celebration of World Mental Health Day, this is a guided charity walk raising funds and enjoying stunning Chilterns countryside. Starting in Nettlebed, our 6 mile circular route takes us deep into the hills and includes two steady climbs (680 ft total ascent). Along the way we are greeted by the vibrant autumn colours of the beech woods and take time to explore evidence of brick and pottery making, the romantic church ruins in Bix Bottom and discover beautiful stained glass windows by John Piper. **6 miles Guided Charity Walk raising funds for Bluebells Day Centre - recommended minimum donation £5 on the day**

**Thursday 10th**  
10:00am  
Walk ref:55  
**'Meet the Maker' craft walk from Pirton**  
A circular walk starting at Pirton, once a thriving area for straw plaiting. The walk takes in beautiful scenery, including a section of the Icknield Way Path, and ends with a visit to craftsman Nate Wilshere's workshop. Nate is best known for his exquisite knives and will give us a unique insight into his craft whilst we enjoy some refreshments. **3.5 miles £3 including tea/coffee and cake**

Hidden Treasure  
Le De Spencers Arms

The 'Le De' is a little flint pub, nestling in the woods at the back of Downley Common surrounded by acres of beautiful AONB land with miles of trails. Making it the ideal refreshment stop after hiking or biking.

01494 535317 www.ledespcncersarms.co.uk  
The Common, Downley, High Wycombe HP13 5YL



**Thursday 10th**  
10:30am  
Walk ref:42  
**Walk with mobility scooters from Swyncombe**  
A circular ramble around Swyncombe Downs in the Chilterns, Oxfordshire in conjunction with our friends from the Disabled Ramblers. The route is on chalk downs passing through woodlands and open fields with red kites wheeling overhead. Bring a picnic lunch. **6.6 miles Free**

**Thursday 10th**  
11:15am  
Walk ref:60  
**Historic Amersham top to bottom**  
Emerging from the beech woods near the station, you will see Old Amersham spread out beneath you with its medieval streets surrounded by fields. Learn about the unique features of the town including evidence of domination by one of the richest non-noble families in England. The walk will finish outside Amersham Museum. **3 miles Walk - Adults £3 pay on the day Children under 18 free This event is repeated on Saturday 12th October**

**Friday 11th**  
10:00am  
Walk ref:30  
**Bradenham Estate Walk and Visit 'Hearing Dogs for Deaf People'**  
A lovely walk through the fields of the Saunderton valley before rising up into the beech woods of the National Trust's Bradenham Estate. Returning to The Grange - home for the charity 'Hearing Dogs for Deaf People'- for 12 noon for lunch/refreshments in their delightful, new restaurant. After lunch there will be a one hour private tour of The Grange. **4 miles Free - lunch to be paid for direct to the Grange**

**Friday 11th**  
10:30am  
Walk ref:23  
**Ivinghoe Beacon Walk**  
Join us for an uphill walk to Ivinghoe Beacon with its amazing views across the vale, followed by homemade soup, cake & coffee in a 16th century home. Food & lots of useful nutritional tips from Sofie's Fresh Food. **4 miles £15**

**Friday 11th**  
2:00pm  
Walk ref:37  
**Henley Walking Festival opening walk**  
This is one of our favourite walks around Henley: a picturesque walk to Greys Court & back via Lambridge Wood, through the golf course. **5.9 miles Free**

**Friday 11th**  
6:00pm  
Walk ref:43  
**Henley Riverside by Moonlight**  
We take a high level route to Aston with distant views over the river then return along the Thames Path for an optional pub meal in Henley. On our way home we will enjoy walking towards the lights of Henley under a full moon if clear skies. Bring a torch and arrive early to pre-order if eating at the pub. **5 miles Free**

**Saturday 12th**  
9:30am  
Walk ref:17  
**A Tale of Three Commons (Nordic Walk)**  
It's a glorious hilly one! Put your Nordic walking poles to the test on this roller coaster walk exploring historic Commons across the Chilterns. It's a circular walk beginning at Maidensgrove. Along the way we visit The Barn cafe - a hidden gem. The Five Horseshoes pub offers refreshments for a well-earned finale. Total ascent 1250ft (380m). **10 miles £10**

**Saturday 12th**  
9:30am  
Walk ref:24  
**Prestwood circular walk**  
Circular 4/5 mile walk around Prestwood followed by breakfast/brunch in a fabulous yurt café! **4.5 miles £5 for walk, food to be paid for individually**

**Saturday 12th**  
10:00am  
Walk ref:3  
**Walking Wycombe with Willie**  
Come and hear about the industry that put Wycombe on the map and the global institution that started here. Learn about the life & crimes of Wycombe's serial criminal! A figure of 8 walk around High Wycombe with one short steep climb. **2.5 miles Walk is free but any donations received will go to www.streetkidsdirect.org.uk**



Book your walks now at  
[www.visitchilterns.co.uk/walkingfest](http://www.visitchilterns.co.uk/walkingfest)

**Saturday 12th**  
10:00am  
Walk ref:7  
**Autumn tree identification tour**  
Don't know your beech from your birch or your elder from your alder? This is the walk for you! No previous knowledge required but plenty will be dished out! We'll see the last of the autumn leaves & look at other ID points like buds & bark, as well as talking about the historical & modern uses for trees in the area. **2.5 miles £8 per adult (children free)**

**Saturday 12th**  
10:00am  
Walk ref:10  
**Warden Hill and Surrounding Area Litter Picking Walk**  
Join us for a circular walk in Chilterns countryside north east of Luton. This is a challenging walk in support of the Hills 2 Ocean campaign, that rewards environmental action with a great social experience, views of important, ancient sites & even a Bedfordshire clanger! **12 miles Free**

**Saturday 12th**  
10:00am  
Walk ref:38  
**A walk of 2 halves**  
Crossing the Thames at Hambleden Lock, this walk follows the Thames Path east past the 'African Head', Culham Court and Deer Park, Hurley Lock to Temple Lock, before heading west through the Harleyford estate. We then climb through Rassler Wood, Pullinghills Wood (with its WWI training trenches), Homefield and Heath Woods before the steepest hill, DOWN to Hambleden! 2-3 hills; brisk pace; please bring a packed lunch. Refreshments afterwards at the Stag and Huntsman. **9 miles Free**

**Saturday 12th**  
10:00am  
Walk ref:44  
**Henley to Remenham church, back alongside the river Thames**  
Take a close look at Henley's most famous landmarks. Over Henley Bridge, up Remenham Hill, down the lane to Remenham Church and back along the Regatta course to Henley. You could take a lunch break in Henley then continue the afternoon's walk to Toad Hall. **3.5 miles Free**


**Saturday 12th**  
catch the 10:20am train  
Walk ref:32  
**Take the Train for a Walk; Princes Risborough - High Wycombe - Princes Risborough**  
This is a day-long linear walk. Starting at Princes Risborough Station, we catch the train to the market town of High Wycombe. From there, we'll walk northwards towards Four Ashes before entering the Hughenden Valley and meandering through the dip-slope Chiltern farming and woodland countryside, finally returning to Princes Risborough. **12 miles Free event. Train fare Princes Risborough to High Wycombe (£3.70)**

**Saturday 12th**  
10:30am  
Walk ref:11  
**Ancient and modern sites of innovation and power: Whelpley Hill and Bovingdon Airfield**  
We start at a 16th century Pub where Clark Gable and Jimmy Stewart quaffed during WWII. We will walk to Bovingdon airfield and take in the scope and scale of the impact of aviation on the landscape before approaching Whelpley Hill Camp, a probable Iron Age hillfort (possibly a Late Bronze Age ringfort!) **4.5 miles Free**

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**Saturday 12th**  
10:30am  
Walk ref:64

**Stoke Row Dog walk** 

Meet at Stoke Row Stores for a dog friendly 1 hour walk - refreshments available from Stoke Row Stores if arriving earlier. Walk ends at the Cherry Tree pub which will be open for lunch. **1 mile** **Free**

**Saturday 12th**  
11:00am  
Walk ref:67

**One Walk, Two Breweries** 


From Henley Town Hall we walk West out of Henley, through Highlands Farm up into the wide open spaces of Crowsley. We turn South towards Dunsden Green and Loddon Brewery where refreshments and homemade Sausage or Cheese & Onion rolls are available. We leave Loddon Brewery heading North East towards Binfield Heath & Shiplake Row then back through Harpsden Wood towards Henley, finishing at Lovibonds Brewery. **10 miles** **Free**

**Saturday 12th**  
11:15am  
Walk ref:61

**Historic Amersham top to bottom** 


*A repeat of the event of Thursday 10th October (see details)*

**Saturday 12th**  
2:00pm  
Walk ref:45

**Henley to Toad Hall, a historical view** 


From Henley to Toad Hall Garden Centre via Fawley Hill. The leader will give some history of the Fawley Court Estate as we walk through its former parkland. Cafe stop and optional return by bus. Please allow at least 15 minutes for parking in town car parks, or use free on street parking at Deanfield Road, RG9 1UG, 5 minutes walk from Town Hall. **3.5 miles** **Free**

**Saturday 12th**  
2:00pm  
Walk ref:70

**Cemetery Circular with the Countess of Bridgewater** 


Wealthy benefactor and chatelaine of Ashridge House, Charlotte Catherine Countess of Bridgewater donated the land for the Rectory Lane Cemetery to the town in 1842. The Countess invites you to discover more about the establishment of the Cemetery and some of her contemporaries buried there. **1mile** **Adults: £5 Under 18s: free**  
*This event is repeated on Sunday 20th October*

**Sunday 13th**  
9:30am  
Walk ref:36

**The Millstream Meander** 


A Chilterns mills discovery walk. This is a circular route to the east of Bledlow, following the path of several millstreams and stopping at the sites of former mills. Enjoy views of the Lyde Garden shortly after departure from The Lions, an old coaching inn. **5.5 miles** **Free**

**Sunday 13th**  
9:30am  
Walk ref:58

**Historical Routeways** 


A circular walk with the Chilterns Conservation Board's Community Heritage Officer taking in a variety of different historical routeways and local environments. Experience sunken lanes, drovers roads, & named ways that might not even be real! **7 miles** **Free**

**Sunday 13th**  
10:00am  
Walk ref:8

**Map & compass navigation for beginners** 

Foundation map and compass skills will allow you to roam free without relying on having a good phone signal and a full battery. No previous knowledge required. You'll need to bring a compass with a rotating bezel and OS Explorer map 181. **4 miles** **£8 per adult**

**Sunday 13th**  
10:00am  
Walk ref:29

**An Introduction to Map Reading** 


This 'hands on' course on basic map reading is aimed at novice map readers who want to explore the Chilterns without getting lost. Course members are taken on a very scenic 5 mile walk around the National Trust Ashridge Estate by Dick Chapman, author of '60 Choice Walks in the Chilterns'. This book is issued to all course members. **5 miles** **£10 including cost of book**

**Sunday 13th**  
10:00am  
Walk ref:46

**A walk in the hills to the west of Lane End** 


From Lane End via the pretty village of Turville - its famous hilltop windmill, to Ibstone church & return via Poyntatts Wood & Skirmett. Please bring picnic lunch. A hilly walk though beautiful Chiltern countryside. **11 miles** **Free**

**Sunday 13th**  
10:15am  
Walk ref:18

**Everyone's a Fruit & Nut Case!** 


A fun short walk for all the family! From the Bottle & Glass Inn, Binfield Heath we will explore the trees, fruits and nuts that adorn woods of the Chilterns and the folklore, myth and legends that surround them! Treat yourself & the family to breakfast or lunch at the lovely welcoming Bottle & Glass Inn. **4 miles** **£3 (U16's free) - pay on the day**

**Sunday 13th**  
10:30am  
Walk ref:47

**A short walk in the lovely Hambleton valley** 


A short walk beginning from the very traditional and pretty village of Hambleton, location for many period films and TV series. There is one steep hill, fields and woods. Pub and cafe available in the village. **4 miles** **Free**

**Sunday 13th**  
10:30am  
Walk ref:65

**Nordic walk** 


45 min free taster in Nordic walking led by a NWUK accredited instructor - practical session giving you the opportunity to try it and see if you would like to learn to Nordic walk. Equipment provided for the session. Opportunity to sign up for a Nordic Walking UK Learn to Nordic Walk course taking place in the autumn. **1 mile** **Free**

**Sunday 13th**  
12:00pm  
Walk ref:66

**Henley History & Midsomer Murders** 

A 1 hour walk around Henley learning some of its history and visiting Midsomer Murder filming locations. See places off the beaten track and famous landmarks. Opportunity to sample Midsomer Ale at the Argyll - one of the Midsomer filming locations. **1 mile** **£12 per adult, £6 children over 8**

**Sunday 13th**  
2:00pm  
Walk ref:4

**Shorter Walking Wycombe with Willie** 


Hear about the industry that put Wycombe on the map and the global institution that started here. Learn about the life & crimes of Wycombe's serial criminal! Find out about one of only 2 British prime ministers who have also attained the rank of general: the other was the Duke of Wellington. A gentle, flat walk through the town suitable for wheelchairs & buggies. **1 mile** **Walk is free but donations received go to [www.streetkidsdirect.org.uk](http://www.streetkidsdirect.org.uk)**




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**Sunday 13th**  
2:00pm  
Walk ref:39

**Henley Photo Walk** 

A walk along the river, taking in the town and Marsh Lock & Weir. This walk will provide a number of different photographic scenarios. Also, it is an opportunity to pick the brain of Paul, the Lead Instructor from Henley on Thames Photo Walks on all things photography. **1 mile** **£10 pp payable upon arrival**

**Sunday 13th**  
2:00pm  
Walk ref:72

**Lives Cut Short with WW1 matron Sister Hannah Cottingham**

Sister Cottingham was a much loved and respected Matron at the VAD Hospital in Berkhamsted. She succumbed to 'Spanish Flu' at the close of WW1 at just 31. She'll tell you about others in the Cemetery who had their lives cut short and how, thanks to medical advances, this is mostly a thing of the past. **1.5 miles** **Adults: £5 Under 18s: free**

**Monday 14th**  
10:15am  
Walk ref:22

**Little Chalfont Simply Walk South** 


Circular walk north from the Little Chalfont Library, Cokes Lane. **2.5 - 4 miles** **No charge but Donations accepted for The Simply Walk service**

**Monday 14th**  
10:30am  
Walk ref:48

**Guided walk for the visually impaired from Rotherfield Greys** 


Guided walk for the visually impaired with an optional pub lunch afterwards. **5 miles** **Free but everyone will pay for their own lunches**

**Tuesday 15th**  
10:30am  
Walk ref:14

**Waulud's Bank and the Source of the Lea: an urban treasure** 

The River Lea springs from a source now firmly embedded in urban Luton. This is a location that has always attracted human activity, from the earliest hunter-gatherers through to the Romans and beyond. Walk in the footsteps of 10 thousand years of history in and around Waulud's Bank. **8.5 miles** **Free**

**Tuesday 15th**  
10:30am  
Walk ref:69

**Walk Luton's scenic uplands** 

Starting from the Inspire Luton Sports Village we will follow quiet lanes and ancient tracks on a leisurely 4 mile walk to Warden Hill, one of the most important areas of chalk downland in Bedfordshire. Though on the edge of Luton, a hidden world will be revealed and you can enjoy some tranquil time away from the hustle and bustle. We will return to the Sports Village for optional tea and cake in the café. **4 miles** **Free**

**Wednesday 16th**  
9:30am  
Walk ref:59

**Walk Grims Ditch** 

To mark the start of a new community research project into the mysterious Grims Ditch earthwork, join the Chilterns Conservation Board's Community Heritage Officer on a walk along a section of this ancient monument and learn about some of its history. **7 miles** **Free**

**Wednesday 16th**  
10:00am  
Walk ref:49

**Aston Rowant, a hilly scenic walk**

Great views and hilly walk from Beacon Hill via Cowleaze, Bald Hill, Lewknor, Beacon Hill. **9.5 miles** **Free**

**Wednesday 16th**  
catch the 10:20am train  
Walk ref:33

**Take the Bus for a Walk; Marlow - Henley - Marlow** 

This is a day-long linear walk. Starting at Marlow, we catch the bus to the charming market town of Henley. From there we cross the river to walk along the edge of the Thames floodplain, before entering the beautiful Hambleton Valley. Then it's onwards across classic Chiltern farmland and beech woods before finally descending into the charming town of Marlow. **9 miles** **Free event. Train fare Marlow to Henley (£4.60)**

**Wednesday 16th**  
1:15pm  
Walk ref:25

**A little bit of mindfulness**

Introducing some mindfulness techniques, this fabulous circular walk takes in a visit to the Amaravati Buddhist monastery. Mentally refreshed, we visit the Alford Arms afterwards for some bodily refreshment! **3.5 miles** **£5**





**Wednesday 16th**  
1:30pm  
Walk ref:54

**Waterside walk & Puddingstone Distillery Gin tasting tour** 


Enjoy a gentle guided walk around Wilstone Reservoir Nature Reserve with its rich bird life and wonderful views of the Chiltern Hills. The walk starts and ends at the PE Mead Farmshop and local produce hub, where Puddingstone Distillery is based, home of award-winning campfire gin! Includes a special 1 hour tour of the distillery, one full drink & four mini-samples. **2.5 miles £11**

**Wednesday 16th**  
2:00pm  
Walk ref:63

**J H Kennard and Chesham Bois Walk**  

Discover one of the most important architects in Chesham's 20th century development, J H Kennard. Join this walk around Chesham Bois and find out about the many projects undertaken by this arts & crafts architect. **2 miles £3 for adults paid on the day, U16's free**

**Thursday 17th**  
9:30am  
Walk ref:19

**Introduction to Navigation - Find Your Way in the Great Outdoors!** 

This fun practical one day workshop is a great introduction to map reading & compass skills - without a phone! You will learn how to make sense of an OS map and gain confidence to plan and follow an interesting route. We start the day with tea/coffee in the Village Cafe, Goring before setting off on a walk to develop your newly acquired skills. **5 miles £25 plus eventbrite booking fee (CWF special - usually £30)**

**Friday 18th**  
10:30am  
Walk ref:13

**Dray's Ditches: a walk through a later prehistoric landscape**

If prehistory isn't the first thing you think of when you think of Luton, then this walk could change your perceptions! Come walk through a rich prehistoric landscape, from the Palaeolithic through to the Iron Age. **6.5 miles Free**

**Friday 18th**  
10:30am  
Walk ref:26

**Immerse yourself in nature and awaken your creativity!**

A Chess valley walk & watercolour workshop. This is a circular walk from Chenies village followed by a 2.5 hour guided painting session at Bojangles, Little Chalfont, HP7 9NQ. **5 miles £30, includes all art materials**

**Friday 18th**  
11:00am  
Walk ref:57

**Discover Barton Hills! Nature, farming and Local Produce tasting** 

A ranger-led walk around this National Nature Reserve with its spectacular views. Discover how Barton Hills were once under the sea, then 'Meet the Farmer' at Barton Hills Farm and see how its environmentally friendly farming methods contribute to the richness of local wildlife. Finally, enjoy some refreshments and try some local produce. **2 miles £3 per person includes tea/coffee, cake and local produce tasting**



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**Friday 18th**  
2:00pm  
Walk ref:73

**Remarkable Women not to be forgotten**  



Learn about an Innkeeper, a ground-breaking editor, an innovative dairy farmer, a philanthropist, a benefactress, a telephonist, a WW1 nursing Matron and an actress who became a well-known soap favourite. Hear also about a woman who was destined to play a part on the international stage who used this Cemetery to aid her education. **1.5 miles Adults: £5 Under 18s: free**

**Saturday 19th**  
9:30am  
Walk ref:35

**Butties, Birds and Beautiful Views - A walk from The Alford Arms**  



Join us for a bacon butty & cuppa (on the house) at The Alford Arms before venturing out. The walk starts out along a Roman Road, passes a buddhist monastery and through the water meadows beside the River Gade. Along the way there are outstanding views over the valley and the opportunity to spot the local wildlife. **4 miles Free**

**Saturday 19th**  
10:00am  
Walk ref:5

**Road, rail, river and riots**  

Find out who was the first English king to 'tweet', view the best preserved mill wheel on the Wye, walk part of the Brunel engineered railway line to Wycombe, discover the milestone which indicates the halfway point between London and Oxford and hear the story of the 1830 machine breakers' riots. **2.5 miles Walk is free but donations received go to www.streetkidsdirect.org.uk**

**Saturday 19th**  
10:30am  
Walk ref:53

**Prestwood and John Hampden Country**  

Join local authors Helen and Neil Matthews for a circular walk through woodland and fields from Prestwood to Great Hampden, passing the Hampden Monument, Hampden House and Church, associated with the Parliamentarian John Hampden. **5.5 miles Free**



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#followthegoat



LONDON ROAD  
BERKHAMSTED  
HERTFORDSHIRE  
HP1 2RS

**Sunday 20th**  
10:00am  
Walk ref:20

**Ghostly Tales from the Riverbank!**   



Along the River Thames between Henley and Marlow there are plenty of Ghostly Tales from the Riverbank to be told! Join us for this walk along the Thames Path and discover murderous women, hooded monks, headless horsemen, & (reportedly) the oldest haunted pub in England! A lovely stretch with the Chiltern Hills forming an impressive backdrop. **10 miles £10**

**Sunday 20th**  
10:00am  
Walk ref:34

**Water and Wildlife of Tring Reservoirs**  



A beautiful walk alongside the Grand Union Canal, 2 of its arms and past the lakes built specially to supply them with water. There should be lots of wildlife along the way. Optional refreshments afterwards at the Bluebells Tearooms. **5 miles Free - donations (suggested £3) welcome**

**Sunday 20th**  
10:00am  
Walk ref:50

**River walk South of Henley**  



South along the Thames to Sonning then inland past Binfield Heath, home via Harpsden Wood. Please bring Picnic Lunch. **11 miles Free**

**Sunday 20th**  
10:00am  
Walk ref:15

**A walk around Ashridge and surrounding, forest, fields and hills**  

A figure of eight walk, through the beautiful Ashridge forest and down to the village of Dagnall returning to the start for lunch (**7 miles** and 540ft of ascent). The afternoon walk (**5.5 miles** and 622ft of ascent) goes down to the village of Aldbury continuing on past Aldbury Nowers on the Ridgeway Path before returning to the start via the forest. **12.5 miles Free**

**Sunday 20th**  
10:00am  
Walk ref:52

**Rich Autumnal Colours**  




Walk through the ancient village of Kingston Blount at the foot of the Chilterns. Ascend past National Trust's Juniper Bank on the old London Wye through beech woods. Continue through the Kingston and Crowell woods, resplendent in their Autumn Colours, descending back to Crowell on an ancient chalk track worn into the hill by centuries of travellers and villagers walking to work. **6 miles Free**

**Sunday 20th**  
2:00pm  
Walk ref:68

**Be an iron age time traveller at Barton Hills!**  

Go on a walk of Barton Hill National Nature Reserve with a time traveller from the Iron Age, when the Cativellauni tribe lived in the Chiltern Hills. Join an Iron Age woman on her way and imagine what it would be like for someone making that journey 2000 years ago. **1mile Free**

**Sunday 20th**  
2:00pm  
Walk ref:71

**Cemetery Circular with the Countess of Bridgewater**   

A repeat of the event of Saturday 12th October (see details)

Save the date

**Spring Festival**

**Saturday 16th ~ Sunday 31st May 2020**

**Chiltern Society**

We care for the Chilterns

[www.chilternsociety.org.uk](http://www.chilternsociety.org.uk)