

# Change lives by volunteering

Help to prevent isolation in your community by becoming a befriender today

We all need a helping hand or a listening ear from time to time, and by becoming a befriender, you can be that support for someone in need. By offering a couple of hours week to volunteer with Connection Support, you can have a real impact on someone's life.

We have different volunteer roles available, so visit our website for more information.



01296 484322



[connectionsupport.org.uk/volunteer-opportunities](https://connectionsupport.org.uk/volunteer-opportunities)

SCAN ME

